

PRESENTED BY



20  
23

3RD ANNUAL

# ONE STEP AHEAD

## STUDENT CONFERENCE



THIS FRIDAY **OCTOBER 27TH** VIRTUALLY  
THIS SATURDAY **OCTOBER 28TH** AT GORMLEY'S PUB



# FRIDAY 10/27

## VIRTUAL



7:00 - 7:30p EST

### THE EXCELLENT EXTERN

Tips on going from good to great to excellent on your externships.

Drs. Zack Hill PGY3, Michael Sweeney PGY3, Thomas George PGY3

7:30 - 8:00p EST

### GETTING ONE STEP AHEAD

Discussion of the residency application, interview, and selection process.

Drs. Sarah Messina PGY3, Trent Leo PGY3, Andrew Regal PGY3

8:00 - 8:30p EST

### MONEY MATTERS

Overview of financial strategies for the independent practitioner.

Taki Bitounis, CPA & Founder Ethos CPA

8:30 - 9:00p EST

### LIFESTYLES OF THE DPM

How to balance it all.. work, life, significant others/families, and finances.

Drs. Nate LeSueurPGY3, Brennan Reardon PGY3, Preston Carr PGY3

9:00 - 9:30p EST

### ASK ME ANYTHING

What did we leave out? Ask us now via live submission through this QR code

9:30 - 10:00p EST

### SWAG & SCHOLARSHIP

This QR code is your ticket to play! The prizes are ready, are you?



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REGISTRATION AND  
VIRTUAL ZOOM LINK ON WEBSITE



# SATURDAY 10/28

GORMLEY'S PUB

19500 CENTER RIDGE RD, ROCKY RIVER, OH



8:00am EST

## DOORS OPEN

Join us for breakfast & coffee, thanks to Nevro

8:20 - 8:40a

## SO MANY TOES

Forefoot case discussion by Drs. Michael Sweeney PGY3 & Sarah Messina PGY3

8:40 - 9:00a

## MOVING ONTO MIDFOOT

Midfoot case discussion by Dr. Preston Carr PGY3

9:00 - 9:20a

## DEBATING DEFORMITY

Deformity correction case discussion by Drs. AnnaGrace Mauro & Thomas George PGY3

9:20 - 9:40a

## TRAUMA TIME

Trauma case discussion by Drs. Zack Hill PGY3 & Trent Leo PGY3

9:40 - 10:00a

## BREAK

You know, there's still probably some breakfast left over.

10:00 - 12:00p

## LET'S GET TO WORK!

Hands on lab stations throughout the pub, and don't forget the Stryker bus outside!

**Put your skills to the test & compete for prizes!**

12:00p

## FOOD + FINAL THOUGHTS

Lunch sponsored by Nevro

1:00p

## CONFERENCE CLOSE

THANK YOU TO OUR SPONSORS!







# 2023 CONFERENCE PRESENTERS



## **DR. ANNA GRACE MAURO**

Dr. Mauro was born and raised in Detroit and is currently an attending at Warren Podiatry in Michigan. She absolutely loves to travel and explore different cities and is Sicilian, so a love for food is at her core. When not working with the STEPS program, she is out trying a new restaurant.

## **DR. BRENNAN REARDON, PGY3**

**WAKE FOREST BAPTIST HEALTH**

Dr. Reardon grew up in Fremont, Ohio & attended The Ohio State University, graduating in 2017 with a Bachelor's degree in Health Sciences. She graduated from KSUCPM in 2021 where she served as Pi Delta President. Currently, Brennan is a 3rd year resident at Wake Forest Baptist Health in Winston-Salem, North Carolina.

## **DR. SARAH MESSINA, PGY3**

**ASCENSION ST. JOHNS**

Dr. Messina completed her undergrad degree at University of Michigan where she majored in Biological Anthropology. She is a graduate of KSUCPM, where she served as the Ohio Podiatric Medical Student Association Secretary. She spent her first two years of residency at Detroit Medical Center, where she served as Secretary of the Resident's Council and Student Coordinator during her second year. She is currently finishing her third year of residency at Ascension St Johns, in Detroit.

## **DR. ZACK HILL, PGY3**

**GRANT MEDICAL CENTER**

Dr. Hill is a 3rd year resident at Grant Medical Center in Columbus, OH and currently serves as the chief resident. He is originally from Zanesville, OH where he grew up for the majority of his life. Zack attended college at Walsh University where he graduated with his biology/pre-medicine degree and was a four-year letter winner & team captain on the varsity football team. He then went on to KSUCPM where he graduated in 2021. Zack now resides in downtown Columbus with his wife Ashley. Zack will be completing a one year reconstructive foot and ankle fellowship in Indianapolis next year. He also hopes to return to practice in the state of Ohio to start his career.

## **DR. PRESTON CARR, PGY3**

**INOVA**

Dr. Carr grew up in Ohio and attended undergraduate school at University of Cincinnati where he studied Chemistry. He stayed on for an advanced Master's degree in Pharmacology and Cell Biophysics. He's a graduate of KSUCPM and is currently the chief resident at Inova Hospital in Fairfax, Virginia. Preston enjoys traveling, hanging out with friends, attending various sporting events, and of course exploring his bourbon passion.

**THE CMC FOUNDATION**

DR. COLEMAN CLOUGHERTY | DR. MARK RAZZANTE | DR. CHRISTINA PRATT



# 2023 CONFERENCE PRESENTERS



## **DR. TRENT LEO, PGY3** EASTERN VIRGINIA MEDICAL CENTER

Dr. Leo is a 3rd year resident at Eastern Virginia Medical School. Graduating from KSUCPM in 2021, he always pursued educational teaching opportunities. Podiatric specialty interests include sports medicine and limb reconstruction. His main reason in joining STEPS was to ensure students had access to resources entering residency. Outside of work Trent enjoys spending time with his wife Brooke and dog Malibu while exploring Virginia Beach.

## **DR. MICHAEL SWEENEY, PGY3** UNIVERSITY OF LOUISVILLE

Dr. Sweeney is originally from Ford City, Pennsylvania. In 2017, he obtained a Bachelors Degree in Biology from Edinboro University of Pennsylvania. He graduated from KSUCPM in 2021, serving as Class President and was the recipient of the Student of the Year Award. Currently, Dr. Sweeney is completing his residency training at the University of Louisville.

## **DR. NATE LESUEUR, PGY3** INTERMOUNTAIN HEALTH

Dr. LeSueur was born and raised in Gilbert, AZ and completed his Bachelor's degree at Arizona State University. He moved to Ohio to earn his DPM degree from KSUCPM. While there, he was the VP of his class and a member of the Pi Delta Honor Society. He is currently a 3rd year resident with Intermountain Health in Salt Lake, Utah. During his free time, you will typically find him hiking, playing sports, at the gym, spending time with his wife and kids, or preparing for cases.

## **DR. THOMAS GEORGE, PGY3** JOHN PETER SMITH HOSPITAL

Dr. George is a 3rd year resident at John Peter Smith Hospital in Fort Worth, Texas. He attended Texas A&M University and had the opportunity to go to Kenya on a Medical Mission Trip which solidified his pursuit for Podiatry. He attended KSUCPM, graduating in 2021.

## **DR. ANDREW REGAL, PGY3** ASCENSION SE WISCONSIN

Dr. Regal completed his undergraduate degree at the UNC Chapel Hill where he majored in biology and minored in chemistry. He is a graduate of KSUCPM and served as president of the Kappa Tau Epsilon educational fraternity. He has a love for teaching and working with younger peers. Andrew is a third year resident at Ascension SE Wisconsin in Milwaukee.

## **TAKI BITOUNIS, CPA** ETHOS CPA

Taki Bitounis is a Certified Public Accountant and President of Ethos CPA, Ohio. He earned his Masters Degree in Accounting from Wake Forest University and a Bachelors of Science in Economics from Davidson College. As a fan of small businesses, Taki founded Ethos CPA with the intention of empowering clients to make informed decisions best suited for them.



# A Fundraising Evening

Supporting a 2024 International  
Medical Mission

Join us for a night of online trivia,  
silent auctions, & prize giveaways!  
*& help us make a difference!*

**OCTOBER**

SATURDAY | **28** | 7PM EST  
2023

FREE TRIVIA PARTICIPATION SPONSORED BY  
**CLARITY CREATIVE**

Silent auctions open  
**Monday, 10/23!**



*Event Link:*  
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